

- 24 hours surveillance on camera.
- Air conditioned transport.
- Timely counselling and seminars held for parents.
- Moral and value education for arousing spiritual growth.



Deepak Yadav
Director

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Aggarwal College celebrates International Women's Day

Faridabad: Memory & Focus is the most important ingredient for success in any field. The way we use our memory, decides what we learn and finally what we become. In any profession/occupation, information and memory management skills can prove to be a priceless asset and lead to improved productivity and profits to any organization. - said Mr. J.P. Malhotra Founder Chairman Technology & Personality Development Centre, Faridabad at an interaction with representative from Rajya Sabha TV. Taking the point further in reply to a question, Mr. J.P. Malhotra said that interruptions & distraction work as impediments to memory. On an average, workplace interruptions and distractions consume about 30% of the workday. According to Mr. Anant Kasibhatla we are distracted every 11 minutes by some form of interruption and the attention span of



people has been reduced phenomenally due to distractions. The fact is that we are living in an age of information overload, multi-tasking and low attention spans. In acknowledgement of excellent & exhaustive content of presentations by Mr. Anant Kasibhatla an International Memory Enhancement Expert, Mr. J.P. Malhotra remarked that he gives logical & simple ideas to master Self Discipline & maintain momentum, to grasp information in Business Meeting, to train the brain to 'tune in', focus and improve observation & strategies to remember speeches and presentations thereby maintain continuity of the presentation when interrupted by questions or distractions. Many of us would know that Mr. Anant Kasibhatla an Indian national record holder for memory & recognised as the "Man with the Most Phenomenal Memory in India" will con-

duct Memory-Enhancement, Focus @ Work Performance workshop @ Conference Hall, TAP-DC DLF Industrial Area Ph-I, Faridabad. He is very passionate about performing incredible memory feats and making and breaking memory records and has co-authored the book 'Instant memory improvement' published from Singapore.

Mr. J.P. Malhotra urged that executives & managers at senior level & entrepreneurs should take advantage & be benefited by the Training on "How to Improve your Memory and Focus" being organised by Technology & Personality Development Centre on 16th March, 2019. Ms. Charu Smita Malhotra CEO TAP-DC informed that Members of some prominent organisations as Imperial Auto Industries, Sai Security Printers, Securico Electronics, Indo Auto-tech, Wings Automobiles, Goodwell Industries, Bhariya Valves Pvt. Ltd, DLF Industries Association have already registered their participants.